

BOAL PRACTICE

**DWÓR DOBARZ, POLAND
SEPT 30 - OCT 6. 2020**

**PROJECT FOR
TRAINERS, TEACHERS,
EDUCATORS,
GROUP LEADERS,
AND FACILITATORS WHO:**

**WANT TO LEARN NEW
METHODS TO ACTIVATE THE
GROUPS THEY WORK WITH**

**ARE BEGINNERS IN USING
DRAMA AND THEATRE IN
GROUP WORK AND FIND IT
IMPORTANT TO DEVELOP
FURTHER THEIR COMPETENCE**

**HAVEN'T PRACTISED DRAMA
ACTIVITIES YET BUT
ALREADY ACKNOWLEDGE THE
VALUE THEY COULD BRING TO
THEIR WORK**

**WANT TO LEARN GAMES
DEVELOPED BY AUGUSTO
BOAL, HOW TO INTRODUCE
THEM TO A GROUP, WHEN, IN
WHICH CONTEXT, AND HOW
TO FOLLOW IT WITH
REFLECTION PROCESS
AFTERWARDS.**



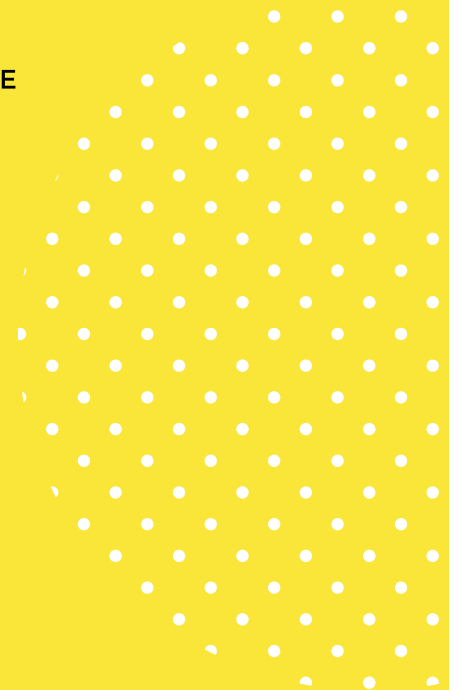
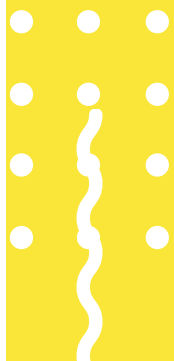
PROGRAM

AIM OF THE PROJECT IS TO MAKE DRAMA TOOLS MORE ACCESSIBLE FOR YOUTH WORKERS, BELIEVING THAT THIS METHODOLOGY ENHANCES CREATING INTERCULTURAL UNDERSTANDING AND HELPS WORKING WITH INTERNALLY DIVERSE GROUPS.

THE MAIN ACTIVITY OF THE PROJECT IS A TRAINING COURSE PRESENTING DRAMA TOOLS, SPECIFICALLY GAMES AND ROLE PLAYING ACTIVITIES DESCRIBED IN THE BOOK: "GAMES FOR ACTORS AND NON-ACTORS", WHICH IS CONSIDERED A MANUAL FOR DRAMA TRAINERS. WE WILL TAKE IT AS A RESOURCE TO SHARE AND PRACTICE WITH OUR PARTICIPANTS.

THE CHOSEN GAMES WHICH PARTICIPANTS WILL LEARN DURING THE COURSE CAN SERVE AS TOOLS FOR YOUTH WORKERS TO ADDRESS TOPICS SUCH AS: COMMUNICATION, COMMUNITY, VALUES, CONFLICTS, VIOLENCE, STATUS, AND OPPRESSION.

THE SPECIFIC OF APPLIED DRAMA LIES IN CREATING STORIES, METAPHORS, SYMBOLS AND ROLE PLAYING. THOSE ELEMENTS MAKE DRAMA WORKSHOPS "A LIVE EXPERIENCE" AND AN UNUSUAL INSPIRATION FOR PARTICIPANTS. HENCE, THE WORKSHOP CONTENT IS REMEMBERED BETTER AND PARTICIPANTS HAVE DEEPER REFLECTION THAN IN THE CASE OF TRADITIONAL EDUCATIONAL METHODS.



OBJECTIVES OF THE COURSE

GETTING TO KNOW AND EXPERIENCING THE GAMES OF AUGUSTO BOAL;

ENRICHING TRAINER'S SET OF TOOLS WITH NEW, UNCONVENTIONAL AND ENGAGING TOOLS/ METHODS TO WORK WITH A GROUP;

DEEPENING THE KNOWLEDGE ON WORKSHOP/ TRAINING FACILITATION USING THEATRE METHODS, INCLUDING CRITERIA FOR CHOOSING APPROPRIATE METHODS FOR THE GROUP;

ENHANCING THE COMPETENCE OF PARTICIPANTS TO BE ABLE TO CHOOSE THEATRE ACTIVITIES AND GAMES ACCORDING TO THE PURPOSE AND NEEDS OF THE GROUP, TO LEAD THEM AND FACILITATE REFLECTION AFTERWARDS;

CREATING SPACE FOR NETWORKING AND PEER SUPPORT;

IMPROVING PROFESSIONAL ENGLISH LANGUAGE SKILLS

AROUND ONE WEEK BEFORE THE COURSE PARTICIPANTS WILL RECEIVE MATERIALS FOR ONLINE EXPLORATION AND LEARNING WHICH WILL HELP US TO START THE COURSE WITH A COMMON IDEA ABOUT THE METHODS WHICH WE WILL BE EXPLORING.

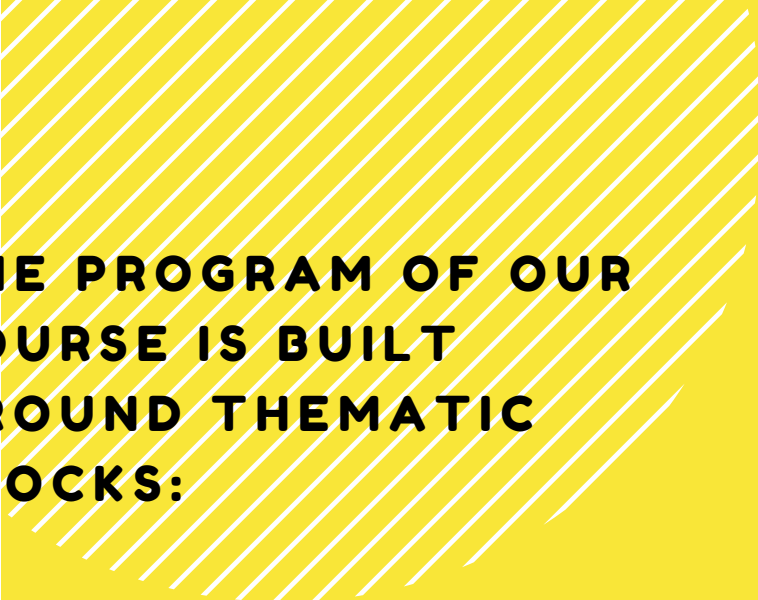
AFTER THE COURSE PARTICIPANTS WILL HAVE THE POSSIBILITY TO GET ONE HOUR OF ONLINE (SKYPE) CONSULTATION WITH THE TRAINERS AS A SUPPORT TO THEIR FOLLOW-UP ACTIVITIES. EACH NATIONAL TEAM SHOULD DO AT LEAST ONE FOLLOW-UP ACTIVITY WHICH COULD BE A WORKSHOP WITH THEIR TARGET GROUP OR WITH COLLEAGUES FROM THEIR ORGANISATION, WHERE THEY WILL USE THE GAMES AND FACILITATION SKILLS DEVELOPED DURING THE TC.

ALL THE STEPS IN THE TRAINING PROGRAMME ARE MANDATORY TO RECEIVE FULL REIMBURSEMENT OF THE ACCOMMODATION AND TRAVEL COSTS.

FOOD, ACCOMMODATION AND TRAVELS WILL BE COVERED BY THE ORGANISERS AFTER PARTICIPATING IN THE FULL TRAINING PROGRAMME AND SENDING REPORT FROM THE FOLLOW-UP ACTIVITIES AS WELL AS THE EVALUATION QUESTIONNAIRE FROM THE PROJECT.

TRAVEL TICKETS WILL BE REIMBURSED UP TO:

360 EUR- PORTUGAL/ SPAIN
275 EUR- CZECH REP/ NORTH MACEDONIA/ SLOVENIA/
BULGARIA/ FRANCE/ ITALY/ ESTONIA/ GERMANY
180 EUR- LITHUANIA.



THE PROGRAM OF OUR COURSE IS BUILT AROUND THEMATIC BLOCKS:

DAY 1

**GETTING TO KNOW EACH OTHER, TEAM BUILDING,
ESTABLISHING CO-LIVING AND CO-WORKING PRINCIPLES,
INTRODUCING THE PROGRAM**

DAY 2-4

DRAMA GAMES

**PRESENTING AROUND 20 GAMES AND ACTIVITIES FOCUSING
ON THE TOPICS SUCH AS: INTEGRATION, STATUS, INNER
STRENGTH, HIERARCHY, STRUCTURE AND ORGANISATION.
AFTER EACH SEQUENCE OF GAMES WILL FOLLOW A
REFLECTION OF THEIR AIMS, EFFECT AND POSSIBILITIES/
RECOMMENDATIONS TO USE IN WORK WITH SPECIFIC TARGET
GROUPS.**

DAY 5-6

TRAINERS' SKILLS

**WITH THE HELP AND SUPERVISION OF TRAINERS
PARTICIPANTS WILL PRACTISE SELECTED GAMES WITH THE
REST OF THE GROUP, TOGETHER WITH A DEEPENED
DEBRIEFING AND FEEDBACK ON THEIR FACILITATION STYLE.**

DAY 7

DISSEMINATION ACTIVITIES AND EVALUATION



ALDONA ŻEJMO - KUDELSKA

DRAMA TRAINER, FOUNDER AND PRESIDENT FOR THE DRAMA WAY FOUNDATION OF EDUCATION AND CULTURE, AUTHOR OF MANY ARTICLES ON THE TOPIC OF APPLIED THEATRE. GRADUATE OF WARSAW UNIVERSITY IN THE FIELD OF SOCIAL PREVENTION AND REHABILITATION, AS WELL AS OF THE BUSINESS TRAINERS SCHOOL TROP, AND A DRAMA COURSE IN THE ASSITEJ ASSOCIATION. HAS TRAINED DRAMA WITH BRITISH PRACTITIONERS: JOHN SOMERS, MADALINE ANDERSON-WARREN, ANN SEYMOUR, ADRIAN JACKSON. SINCE 2000 INTRODUCING DRAMA IN POLAND. SINCE 2002 LEADING DRAMA TRAINING COURSES AND WORKSHOPS CONNECTING HER PRACTICE IN PSYCHOLOGICAL SUPPORT AND WORKING WITH GROUPS WITH THE THEORY OF APPLIED THEATRE AND DRAMA. CREATOR AND TRAINER OF A DRAMA TRAINERS' SCHOOL. SINCE 2001 IMPLEMENTING EDUCATIONAL PROJECTS DIRECTED TO YOUTH AND LOCAL COMMUNITIES USING DRAMA AND APPLIED THEATRE. IN THE PROCESS OF TRAINING AS A DRAMATHERAPIST.

ACTOR IN SEVERAL THEATRE COMPANIES, ALSO INVOLVED IN APPLIED THEATRE PROJECTS AS A PROJECT AUTHOR, SCRIPT WRITER, DIRECTOR, WORKSHOP AND TRAINING FACILITATOR.

APART FROM ARTISTIC BACKGROUND HE HAS ALSO GRADUATED FROM PSYCHOLOGY STUDIES, DRAMA TRAINERS SCHOOL, AND MANY APPLIED THEATRE COURSES. BOARD MEMBER IN THE DRAMA WAY FOUNDATION. HE HAS DEVELOPED AND IMPLEMENTED OVER 20 PROJECTS OF APPLIED THEATRE IN WARSAW AND OTHER SMALL TOWNS IN POLAND. AUTHOR OF A FEW ARTICLES ON THE TOPIC OF APPLIED THEATRE. IN 2006 - 2014 ACADEMIC TEACHER AT THE WARSAW UNIVERSITY AND THE SPECIAL PEDAGOGY ACADEMY IN WARSAW.

ADAM GAŚECKI



DWÓR DOBARZ

IS A GUEST HOUSE IN THE CENTRE OF PODLASIE REGION IN POLAND SURROUNDED BY OLD FORESTS AND THE NATIONAL PARK OF BIEBRZA RIVER.

THERE WILL BE SHARED ROOMS WITH PRIVATE BATHROOMS. TOWELS AND BED LINEN PROVIDED. ALL MEALS (BREAKFAST, LUNCH, DINNER AND BREAKS) WILL BE SERVED IN THE HOUSE RESTAURANT. THERE IS A FREE WIFI CONNECTION IN THE HOUSE, ALTHOUGH NOT VERY STRONG, AND WE WILL RATHER SPEND MOST OF THE TIME IN WIFI-FREE ZONES.

ORGANISERS

THIS ACTIVITY IS ORGANISED BY DRAMA WAY FOUNDATION FROM WARSAW, POLAND, WITH THE FINANCIAL SUPPORT FROM THE ERASMUS+ YOUTH PROGRAMME.

WE ARE THE MOST WIDELY KNOWN AND APPRECIATED NON-GOVERNMENTAL ORGANIZATION IN POLAND AMONG THOSE RUNNING PROJECTS AND TRAININGS BASED ON AUGUSTO BOAL'S THEATRE OF THE OPPRESSED METHODOLOGY.

PARTNERS IN THE PROJECT:

EUROPEAN YOUTH CENTRE BŘECLAV

ASOCIACIJA AKTYVISTAI

LOESJE BITOLA

YOUTH CENTRE ZAGORJE OB SAVI

KNOWLEDGE ASSOCIATION LOVECH

PARAGRAF INTERNATIONAL

JUGENDKULTURARBEIT

ENVTL

ASSOCIACIÓ MOVE

ASSOCIAÇÃO SPIN

GIOSEF TORINO

