



Co-funded by the
Erasmus+ Programme
of the European Union

PATH-TRY: Empathy through poetry

YOUTH EXCHANGE
10-16 July 2022
near Bucharest, ROMANIA



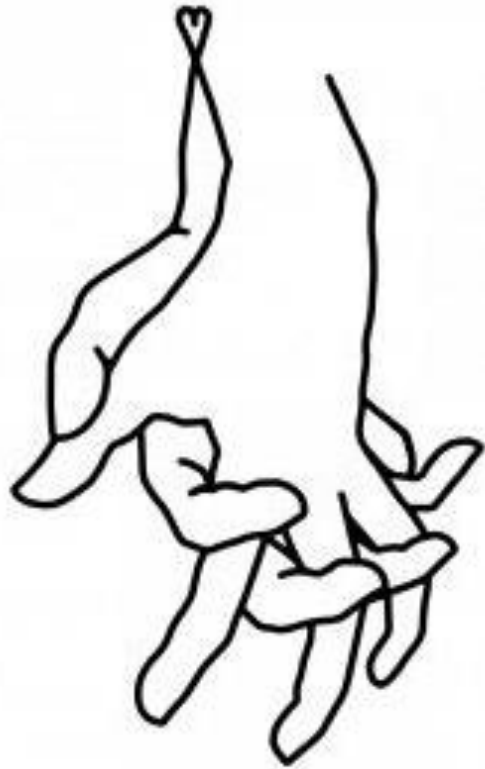
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Who is this YE for?

- This youth exchange is designed for youngsters aged 14-18, coming mainly from rural and small urban areas, who want to experience creative methods of exploring their emotions and empathy through poetry.
- We aim to have an overall number of 22 teenagers from the following countries: **Romania, Slovenia, Croatia, and Latvia.**
- Basic level of English is desirable, but not mandatory. Translation will also be provided.





We invite you to

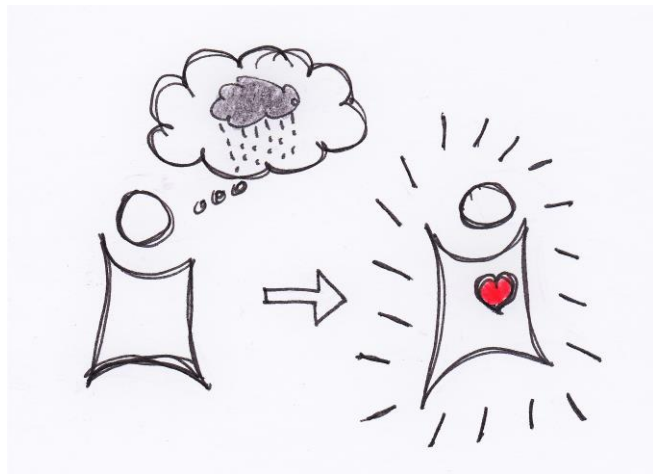
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Discover how empathy works, relate empathy to literature, explore emotional literacy, affirm your strengths, find new ways of coping with challenges, get to know your new friends.

Let's explore a deeper understanding of our emotions and find opportunities to voice empathy!

If you would like to attend this Youth Exchange, please complete the Participant Selection Form, [here](https://docs.google.com/forms/d/e/1FAIpQLSewgO5UD7cX3S1sL8XYmNWrUaGlSE8D7BA2sfeV6ERoi9UUGQ/viewform?usp=sf_link), but not before to read all the infopack:

https://docs.google.com/forms/d/e/1FAIpQLSewgO5UD7cX3S1sL8XYmNWrUaGlSE8D7BA2sfeV6ERoi9UUGQ/viewform?usp=sf_link



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PATH-TRY. Empathy through poetry

is a Youth Exchange in which we introduce an educational program that promotes literature-based tools, as creative writing, research, role-playing, emotional introspection, performance, trust building and group awareness, thus creating a safe learning space for a peer-to-peer exploration.

When and where?

Adunații-Copăceni (Giurgiu), 10 km away from Bucharest, Romania

10-16 July 2022

PATH-TRY. Empathy through poetry is created within Erasmus+ program.

Why literature-based tools?

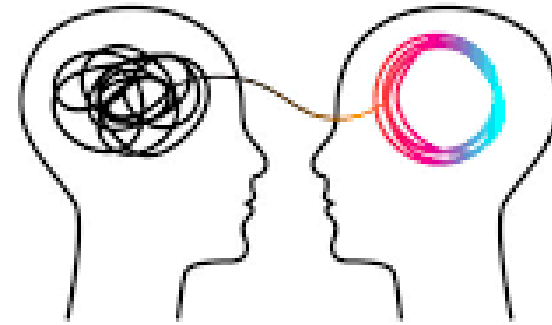
The project's concept comes from some well-defined analysis, as many researchers agree that literature has a huge impact on developing emotions and empathy.

We are looking to correlate the poetry with our emotions, and to get to understand how can poems' language can influence us and connects with our feelings, reactions.



What you will be doing?

- ✓ learn by playing about empathy
- ✓ use different kind of poems to explore ourselves
- ✓ collect new inputs and inspiration to express our emotions
- ✓ encourage immediate creativity
- ✓ stimulate the brain and the body to work in a simultaneous way
- ✓ use positive thinking and positive affirmation
- ✓ let's discover together the rest!



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Costs

All the costs for this YE will be supported by us, through Erasmus+ Programme, namely:

- ✓ Accommodation provided;
- ✓ Food provided;
- ✓ Training program provided;
- ✓ Travel costs provided (will be reimbursed);



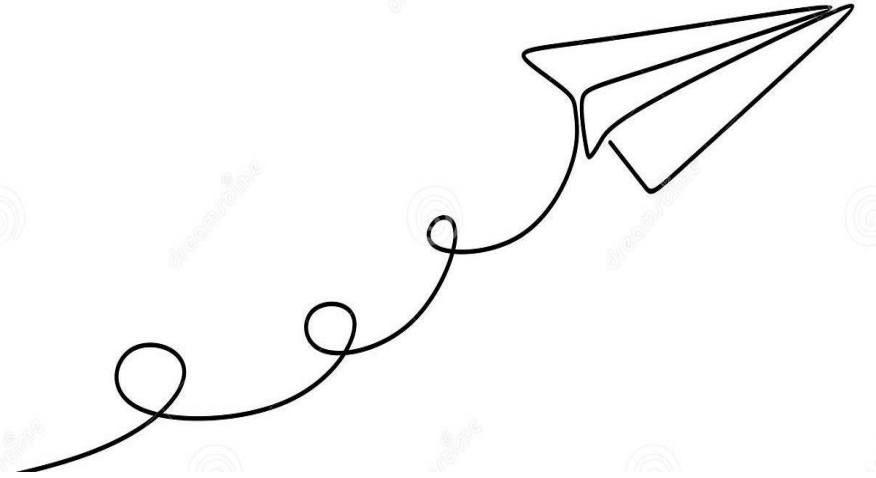
PLUS

Travel insights

- The transport options are:
- By plane - flights to Bucharest, Henri Coanda International Airport, Romania;
- By car - directly to the venue, Adunatii-Copaceni, Giurgiu (near Bucharest, Romania).

!!! For both options, the travel reimbursement/participant is **maximum 275 euro**. It is mandatory to keep all the receipts and boarding passes in order to receive the reimbursement.

! Green travel is recommended is possible.



Travel reimbursement

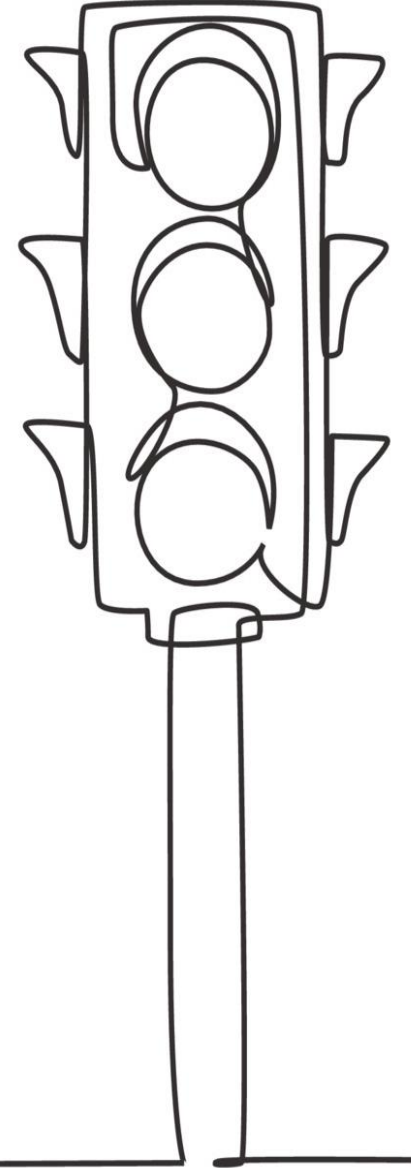
- Here is what you need to do to have your travel costs reimbursed:

- 1 - after you have been selected, **send us your tickets invoice to contact@filologisme.ro** when booking your tickets;

- 2 - during your trip, **keep all your original tickets and boarding passes;**

- 3 - after the end of the project, send us all your original tickets and boarding passes to contact@filologisme.ro;

- The reimbursements will be made in maximum 2 weeks after the end of the mobility.



Food allergies

- 3 healthy meals per day will be provided (breakfast, lunch, and dinner);
- 2 coffee/tea breaks will also be provided;

! Please let us know when you complete the Participant selection form if you have any food allergies, but also your preferences in terms of food!



Venue

- The venue is called **HOSPICE Casa Speranței**, and it can be found in Adunații-Copăceni (Giurgiu), 10 km away from Bucharest, Romania;
- The venue offers bedrooms of 3-4 people/room and cozy indoor and outdoor spaces for activities.

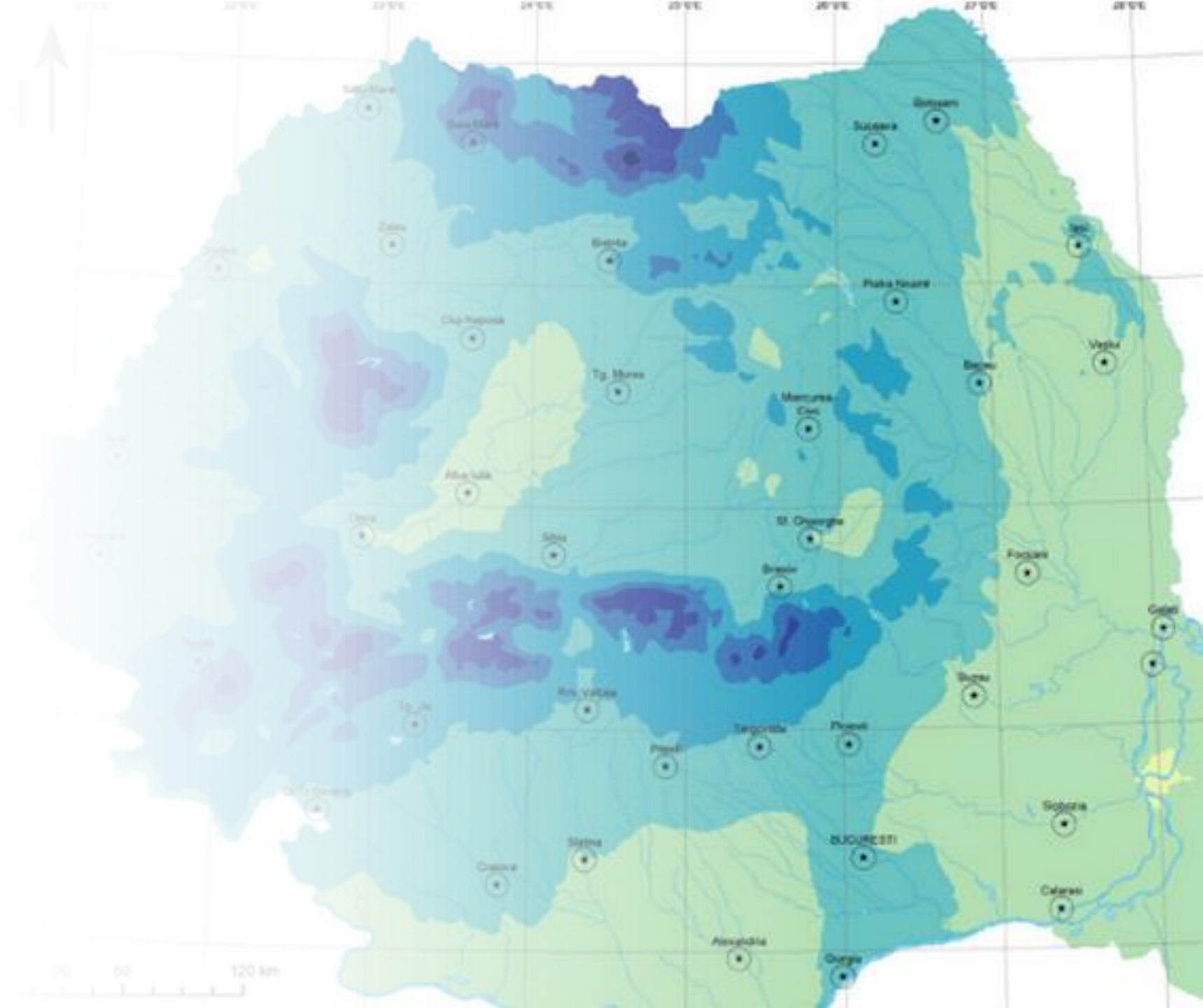


Weather

In July, weather is pretty warm in Romania, therefore prepare with summer clothes. The average temperature might fluctuate between 25°C and 30°C.

Before leaving your country, check the weather here:

<https://www.accuweather.com/en/ro/bucharest/287430/march-weather/287430>



DO NOT FORGET!

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https://docs.google.com/forms/d/e/1FAIpQLSe_wgO5UD7cX3S1sL8XYmNWrUaGlSE8D7BA2sf_eV6ERoi9UUGQ/viewform?usp=sf_link



Contact

Hosting organization

Asociația FILOLOGISME, Romania

www.filologisme.ro

<https://www.facebook.com/filologisme.ro>

<https://www.instagram.com/filologisme.ro/>

Alina Roiniță: +40 765829462/ alina.roinita12@gmail.com

Gabriela Prundaru: +40 720514998/ gabrielaprundaru.rtc@gmail.com



Filologisme.ro

FILOLOGISME is a non-governmental organization founded in 2021, in Bucharest, Romania. The members of the organization are people who work with both formal and non-formal education within different groups of youngsters.

