

Erasmus+ Youth Exchange

Challenging Gender Stereotypes

17 -28 May 2022

Armavir, Armenia



Introduction

Discrimination based on sex is prohibited under almost every human rights treaty. Due to these regulations the gender equality has improved immensely, but people pay less attention to the issue of stereotypes, without realizing that everyday gender stereotypes are what eventually lead to violence and other forms of brutal expressions of discrimination.

An international youth exchange is bringing together youngsters and leaders, concerned about the issue in a non-formal and multi-cultural environment and work cooperatively towards its solution using tools provided by culture itself.

What to expect?

All activities are managed in a way that participants will be involved in fruitful conversations about contemporary gender stereotypes and find the reason behind their origin by first of all, starting to think critically, then searching in our respective history and culture.

This project will focus on breaking gender stereotypes using culture, media, history, sports and languages as tools.

With the production of a campaign to fight against gender stereotypes through social advertisements, participants will gain digital competences and practical skills like designer, organizational, working in a team, and so on.

Youthpass will be used as tool during the project and certificate will be issued in the end of the exchange.

The aim of the project is to foster young people to reflect on the consequences of gender based stereotypes and encourage to break them by exchanging critical thinking and intercultural learning.

The objectives of the project are:

- To increase young people's awareness about gender stereotypes and its possible consequences
- To break gender stereotypes by thinking critically and using culture, media, languages and sports as possible tools
- To change young people's mentality by reflecting on their own experience and emotions to have more open minded youth who will spread gender equality values

What is youth exchange and why to take part in it



Youth Exchanges are meetings of groups of young people from at least two different countries who gather for a short period to implement jointly a non-formal learning programme (a mix of workshops, exercises, debates, role-plays, simulations, outdoor activities, etc.)

Why to take part?

- It's free. EU program Erasmus+ will cover your travel, your stay, and the food during the whole project.
- It's a great opportunity to improve your English. All the activities are in English.
- It's a great opportunity to meet new people of your age around Europe, developing connections and friendships.
- Youth exchange means widening your knowledge about cultures far from and close to us.
- Youth exchange means learning how to live in a community.



Target group:

Participants of this Youth Exchange will be 16-26 years old, from the target groups of the partner organizations, interested in the project topic and strongly motivated to make a change in their communities. There will be 32 total participants-5 participants from each country, 1 team leader, and also another team leader from Armenia in order to ensure the proper coordination of the project, and a support person for the youngster with disabilities. Basic English skills are needed to participate.

	Agenda
DAY 1	Arrival
DAY 2	Getting started - Introduction
DAY 3	Stereotypes
DAY 4	Gender Stereotypes
DAY 5	Gender Stereotypes in Culture
DAY 6	Gender Stereotypes in Media
DAY 7	Play Like a Girl
DAY 8	Gender Stereotypes in Language
DAY 9	Are the Stereotypes broken?
DAY 10	Time to Create!
DAY 11	Final Evaluation
DAY 12	Departure

About Armenia and the venue

Armenia is situated in the Caucasus region at the crossroads of Eastern Europe and Western Asia, it share its borders with Georgia, Iran, Turkey and Azerbaijan, though the two last ones are closed. The capital of the country is Yerevan. The country has an approximated population of 3.2 million but counts a Diaspora of about 10 millions of people all around the world.



Facts

The official language is Armenian.

Armenia has its own alphabet.

CURRENCY: Dram (AMD) – Cards are accepted, but in case of cash, exchange it in Armenia.

Weather

The weather in May is hot already, but definitely the best time to visit Armenia. Temperature drops to 10° during the nights and goes up to 30° during the day.

Venue

Youth exchange will take place in Armavir, Armenia. Participants will stay in a hotel located in the center of Armavir.

Conditions

The venue will have the necessary conditions for implementing indoor and outdoor activities (WIFI in lobby). Participants will stay in shared rooms. Bringing your indoor shoes is necessary.

How to get to Armenia?

Please confirm your travel route first with your sending organisation and Emma emma.grigoryan.96@gmail.com and after that fill in the registration form asap!



Yerevan airport - Zvartnots

You should arrive to Zvartnots airport in Yerevan.

Georgian airports

You can also fly to Georgia and join to Georgian participants for a van or a train to Armavir. Please be sure that this route is confirmed first by organizers.



Info

- Organizers will pick you up from the airport when you have confirmed your travel times.
- Mini-van and train from Georgia will arrive directly to Armavir.

Important!

Travel grant per person:

Estonia - Distance 2000-2999km **360€**

Armenia - Distance 10-99km **20€**

Georgia -Distance 100-499 km **180€**

Slovenia - Distance 2000-2999km **360€**

Poland - Distance 2000-2999km **360€**

Italy - Distance 2000-2999km **360€**

All original travel documents and boarding passes have to be presented during the Youth Exchange to provide reimbursement of travel costs.

IMPORTANT!

The reimbursement of the travel costs will be done when the final report of the project is submitted and confirmed, which may take around 4 months.

Travel days are 17th and 28th of May!

Participants: 5 people per partner

Partners:

- MTÜ Project Spirit
- Armavir Development Center
- EUROPEJSKA FUNDACJA ROZWOJU CZLOWIEKA
- Youth for Society
- Mladinski center Zagorje ob Savi
- EuroDemos Youth Mobility NGO

Registration of selected participants:

<https://docs.google.com/forms/d/e/1FAIpQLSeXyJ-zEt7cp4xoMtqKle0uexleRucwWGOV3GTUr8cERtC8gg/viewform>

Reminder:

Passport is needed for entering to Armenia.

SEE YOU SOON!

Contacts

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