

LANGUAGE WITHIN US

TRAINING COURSE

JULY, 15- 22, SABILE, LATVIA

Arrival in Sabile on July, 14
Departure from Sabile on July 23
<https://goo.gl/maps/tT5TT9nknf7jESVdA>

The main idea of the training course is to use different non-formal methods to discover the common and different linguistic aspects of European languages by involving partners representing European countries of Romanic, Baltic and Slavic languages. With this, we want to empower those involved in the promotion of language learning: educators, youth workers, NGO members. We will give them new tools and techniques that can make the language acquisition process more interesting, motivating and funny by exercising voice, body movement and drama techniques.

The project is hosted by NGO Radi Vidi Pats
<https://radividipats.lv/en/organisation.html>



AIM

Promotion of multilingualism through the use of non-formal methods in order to foster the interest of young people to learn new languages as a means of intercultural communication and acquire a sense of European Citizenship.

ACTIVITIES

- Voice & Body Movement exercises
- Creative writing
- Drama and performance tools
- Mixed-nationality groups, couples, trios and individually
- Debriefings about personal learning
- Handbook writing
- Follow-up activities in local communities
- Mostly outdoors

SPACE

The farm-guest house located 3 km from Sabile town (110 km from Riga) in the valley of Abava river (we can swim!). It is called Latvian Switzerland

It is a family property reserved just for our event. Dogs, cats, ducks, chicken and goats and wi-fi also live there. **Click on photos!**



Ružēni Apartment, Sabile, Letonia
El Ružēni Apartment ofrece vistas al jardín y se encuentra en Sabile, a 2,4 km del Museo del Juguete de Madera Sabile y a 2,6 km del Jardín Doll.



Tiny house Ružēni, Talsi, Letonia
El Tiny house Ružēni ofrece zona de barbacoa y vistas al jardín y se encuentra en Talsi, a 26 km del castillo de Talsi y a 27 km de la Iglesia católica...

FOOD

- Vegetarian and vegan
- Local and organic as much as possible
- Creative fusion of cooking art by Ieva - Latvian traditional, supporting local biological farmers & Edīte - inspired by exotics of ayurvedic culinary

PARTICIPANTS

25 participants from Latvia, Lituania, Czech, Slovakia, Slovenia, Rumania, Spain and Portugal who are language educators, youth workers, NGO activists or simply language addicted ones dealing with multilinguism on their daily base

We expect our participants to be passionate about languages, performing arts and learning by doing and sharing.

We also expect that all things you learn here, you take and implement there were is your place, work, colleagues, trainees, students.

Be aware that we will spend 8 days in an isolated place by nature and we will share all facilities and live like a family. There will not be much personal space indoors but a lot of space outdoors.

ORGANIZERS

FINANCES

Food and accommodation is covered by project money for the 8 days of activity

Travel and PCR expenses will be reimbursed after receiving partner reports on follow up activities and all expense related documents.

Travel budget for each country per participant:

Lithuania - **180 eur**

Slovakia, Czech, Slovenia, Romania - **275 eur**

Spain, Portugal - **360 eur**

Lu (CZ) – a language coach, teacher trainer, non-formal educator and a passionate traveller working with drama techniques in language learning

Gabi (SP) – an actor, trainer, and researcher specialised in drama, social theatre and voice techniques.

Aga (LV) – project coordinator with more than 15 years of experience in EU youth projects, currently working as a Spanish language lecturer in University

ONCE YOU HAVE GOT TO KNOW THE BASIC INFO AND STILL FEEL WILLING TO KNOW MORE HERE COMES THE SECOND PAGE

NEEDS WE WANT TO ADDRESS THROUGH THIS PROJECT

THE YOUNG PEOPLE HAVE A THE LACK OF SELF-CONFIDENCE WHEN IT COMES TO COMBINING THE KNOWLEDGE GAINED AND ITS EMPLOYMENT IN THE REAL WORK IN THE FUTURE.

IN LOT OF CASES YOUNG PEOPLE HAVE NO VISION OF WHAT THEY COULD DO AND WHERE THEY COULD LIVE AND WORK AFT FINISHING THEIR STUDIES. THEREFORE THEIR INVOLVEMENT IN NON-FORMAL EDUCATION AND CONNECTION WITH NGO CAN BE A GOOD PLATFORM FOR BUILDING UP THE FUTURE VISION AND TECHNIQUES TO BE USED IN THEIR STUDY PROCESS AND FUTURE JOB. THROUGH ACQUIRING LANGUAGE SKILLS THAT CAN BE USEFUL FOR INVOLVEMENT OF YOUNG PEOPLE IN INTERNATIONAL MOBILITIES ETC.

DUE TO THE CHANGE OF THE EDUCATIONAL METHODS AND NEEDS OF THE STUDENTS, ALSO TEACHERS AND NON-FORMAL EDUCATORS ARE LOOKING FOR NEW TOOLS TO GET THE ATTENTION AND INVOLVEMENT OF THEIR TARGET GROUP.

NGOS WORKING WITH INTERNATIONAL VOLUNTEERS AS WELL AS MIGRANTS AND REFUGEES ARE LOOKING FOR NEW STRATEGIES IN ORDER TO CONNECT BETTER WITH THE TARGET GROUP AND PROVIDE THEM SPACE FOR SECURE COMMUNICATION.

YOUNG PEOPLE DESPITE OF LIVING IN EUROPEAN UNION STILL FEEL STRONGLY ATTACHED TO THEIR HOME COUNTRY AND FACE THE FEAR OF DIFFERENCES AND COMMUNICATION BARRIERS WITH STRANGERS THEREFORE STILL IN THE MOST OF THE PARTICIPATING COUNTRIES THERE IS A QUITE LOW LEVEL OF YOUNG PEOPLE PARTICIPATING IN LEARNING MOBILITIES DUE TO THE FEAR OF AN ENCOUNTER WITH THE STRANGE

LEARNING OUTCOMES

- Becoming confident in spontaneity and improvisation and knowing methods and strategies that help to work with triggers
- Personal development in the field of language acquisition
- Exploring the variety of European languages and their similarities
- Learning different voice warm-up techniques
- Improved presentations skills -
- Improved ability to work in a national and international team
- Developed communication skills in other languages
- Acquired ability to grasp the meaning in unknown languages by being open and receptive
- Acknowledged practices of self-care that developed well-being, vitality, presence, and self-confidence, including better abilities to deal with tension, stress, and disputes and to release hurt feelings
- Acquired knowledge of the theoretical framework of body and emotions
- Acknowledgment of links among body and identity
- Improved leadership and communication skills, including abilities to motivate, inspire action and become a better listener
- Acquired knowledge and skills of how to give voice to marginalized groups of people and youth in general.

DISSIMINATION OF RESULTS

- The results of the project will be disseminated by all project partners in local and international educational institutions and NGOs within two months after the activity.
- 1-2 activities per partner organization
- Participants will write their own handbooks with the sessions developed by them. After the project, the gained experience and sessions developed by participants will be compiled in a small pdf handbook to be posted on SATLO Toolbox as a resource for those working with language learning and teaching.
- All project partner organizations will share articles on their Facebook pages, websites or blogs describing the content, learning results and benefits of the training
- 3. 2 months after the project participants will be asked to report on creating articles, social media posts or other media creations to share the im

WANNA TAKE PART IN IT?

- Apply by filling in the application form **by 14th of June**
<https://forms.gle/8CoqA2vT8hLA4wPt5>
- For any questions, write to agata.babina@liepu.lv
- Please remember that you have to come with negative PCR test done not more than 48 hours before entering Latvia and fill in <https://covidpass.lv/en/>

